Gladwin County

Community Resource Guide



Resources assembled by:



2022

Available at http://www.mclaren.org/mclaren-physician-partners/resources.aspx

2022

Gladwin County Community Resource Guide

[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

| Da., Cana | |
|--|------------|
| Child & Adult Protective Services (855) 444-3911 Common Ground Crisis Line (800) 231-1127 | |
| Equality Michigan (313) 537-7000 Adult Foster Care | |
| , | 426-8710 |
| | 426-2788 |
| (| 427-4262 |
| LGBT Hotline (212) 714-1141 Foster Care | |
| (, | 426-8517 |
| . , | 426-2035 |
| • | 426-1949 |
| | 429-3272 |
| Narcotics Anonymous 24/7 (800) 230-4085 White Pines CLF (989) | 426-0424 |
| National Domestic & Sexual (800) 799-7233 Willford AFC (989) | 426-4429 |
| Violence Helpline Alzheimer's & Dementia Supp | <u>ort</u> |
| Resource Center | 272-3900 |
| RAINN (Rape & Incest National (800) 656-4673 Network) Helpline Assisted Living | |
| Safe Center Crisis Hotline 24/7 (877) 952-7283 The Brook of Gladwin (989) | 426-8700 |
| Shelter house (989) 426-9413 Gladwin Nursing & (989) | 426-7275 |
| Stop It Now! Hotline (888) 773-8368 Rehabilitation | |
| Suicide Prevention (800) 273-8255 Gladwin Pines Nursing & Rehab (989) | 426-3430 |
| Third Level Crisis Line (800) 442-7315 Center | |
| Victim Connect (stalking hotline) (855) 484-2846 The Horizon Senior Living (989) | 246-1000 |
| The Horizon Senior Living VI (989) | 246-0250 |

(800) 858-1637 (989) 426-5450 **Antler Senior Center**

Horizon Senior Living

Disability Network

& Human Services HAP Senior Plus

Meals on Wheels

McLaren Home Care

Medicare

Beaverton Community Center

Billings Senior Dining Center

Crisis Services for the Elderly

Gladwin County Dept of Health

Medicare/Medicaid Assistance

Region VII Area Agency on Aging

Adult Day Services

ANIMAL SUPPORT

Gladwin County Animal Shelter

Gladwin Veterinary Clinic

Social Security Administration

Gladwin County Community Resources Updated 2022

Area on Aging

Council on Aging

ADULT AGING SERVICES

(989) 426-4579

(989) 426-6566

(989) 426-6951

(989) 435-4104

(989) 435-8430

(989) 246-1000

(517) 483-7205

(231) 922-0903

(989) 426-3300

(800) 868-3153

(800) 632-7334

(800) 633-4227

(800) 803-7174

(866) 323-5974

(989) 893-4506

(800) 772-1213

| Kelly's Kruising Kritter Kare | (989) 426-0203 | ww | w.dnmichigan.org/cil- |
|---------------------------------|---------------------|-----------------------------|--|
| North M-18 Veterinary Clinic | (989) 426-8118 | | directory |
| Animal Shelter | <u>rs</u> | Medicare/Medicaid | (800) 803-7174 |
| Gladwin County Animal Shelter | (989) 426-4579 | Assistance | |
| | | Michigan Alliance for | (800) 552-4821 |
| COUNTY & CITY RESOURCES | | Families | |
| Chamber of Commerce | (989) 426-5451 | Michigan Commission | (800) 292-4200 |
| Courts | (303) 120 3 132 | for the Blind | |
| 17 th Probate Court | (989) 426-7451 | Michigan Council for | (517) 483-2826 |
| 55 th Circuit Court | (989) 426-9237 | Rehabilitation Services | |
| Parole/Probation Office | (989) 426-6914 | Michigan Department | (888) 320-8384 |
| 80 th District Court | (989) 426-9207 | of Education – Office of | |
| District Court Probation | (989) 426-2461 | Special Education – | |
| Friend of the Court | (989) 426-4141 | Lansing, MI | |
| Cities | (505) 420 4141 | Mid-Michigan | (989) 426-2801 |
| Beaverton | (989) 435-9343 | Community Action | |
| Gladwin | (989) 426-9231 | GiGi's Playhouse | (847) 885-6149 |
| County Offices | (383) 420-3231 | (Downs Syndrome | |
| Board of Commissioners | (989) 426-4821 | Resources) | |
| City/County Transit | (989) 426-6514 | Medicare/Medicaid | (800) 803-7174 |
| Clerk | (989) 426-7351 | Assistance Program | |
| Code Enforcement | (989) 426-5931 | Michigan Commission | (517) 507-5223 |
| | (989) 426-6909 | for the Deaf | |
| Public Works Department | ` ' | Muscular Dystrophy | (800) 572-1717 |
| Register of Deeds | (989) 426-7551 | Association | ` , |
| Road Commission | (989) 426-7441 | Paralyzed Veterans of | (800) 638-6782 |
| Treasurer | (989) 426-7251 | America | ` , |
| Townships | (000) 070 4450 | Relay Center for | 7-1-1 |
| Bentley | (989) 879-4158 | Deaf/Hard of Hearing | |
| Billings | (989) 435-3832 | Social Security | (800) 772-1213 |
| Bourret | (989) 387-3695 | Administration | ` , |
| Buckeye | (989) 435-2418 | The Family Center for | (800) 359-3722 |
| Butman | (989) 426-4351 | Children and Youth | , , |
| Clement | (989) 345-3915 | with Healthcare Needs | |
| Gladwin | (989) 426-9135 | United Cerebral Palsy | (800) 828-2714 |
| Grout | (989) 965-4651 | Michigan | (===, === |
| Hay | (989) 426-1821 | Vocational | (800) 257-4850 |
| Sage | (989) 246-3112 | Rehabilitation | (000) =07 .000 |
| Tobacco | (989) 435-4525 | Michigan | |
| | | | |
| DISABILITY & SPECIA | AL NEEDS | EDUCATION & 1 | TRAINING |
| RESOURCES | | EDOCATION | TITALITATION OF THE PARTY OF TH |
| Autism Society of | - (800) 328-8476 | American Red Cross | (800) 733-2767 |
| Michigan | , , | Special Education and Early | (888) 320-8384 |
| Children's Special | (800) 359-3722 | Intervention Services | |
| Healthcare Services | , , | Tuition Incentive Program | (888) 447-2687 |
| Disability Network of | (800) 782-4160 | | |
| | , ,= | | |
| Mid-Michigan | | Adult Progr | |

Gladwin County Community Resources Updated 2022

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| Gladwin Adult Education Cente Michigan Works | r (989) 426-4442 (989) 426-8571 | Poison Control Law Enforceme | (800) 222-1222 | |
|--|---|---|----------------------------------|--|
| Childcare Centers & Preschools | | | | |
| Requester Cans | (000) 206 2005 | Beaverton Police Department Gladwin Police Department | (989) 435-9111 (989) 426-7879 | |
| Beaverton Caps Beaverton Co-Op Nursery | (989) 386-3805 (989) 708-0202 | Gladwin County Sheriff | (989) 426-9284 | |
| Gladwin Child Development | (989) 426-2801 | Gladwin County Jail | (989) 426-7121 | |
| Center | (989) 420-2801 | Michigan State Police – West | (989) 345-0956 | |
| Gladwin Elementary Preschool | (989) 426-7771 | Branch Post #32 | (363) 343-0330 | |
| Program | (383) 420-7771 | Branch Fost #32 | | |
| MMCAA Gladwin Elementary | (989) 246-5992 | ENADI OVNAENIT ASSI | STANCE | |
| Robins Playhouse and Learning | • • | EMPLOYMENT ASSI | STAINCE | |
| Center | (555) 125 7555 | Michigan Council of | (517) 483-2826 | |
| Skeels Christian Preschool | (989) 240-2190 | Rehabilitation | | |
| Colleges/Career | ` ' | Michigan Indian Employment | (800) 591-8820 | |
| Clare-Gladwin RESD Career & | (989) 386-3851 | and Training Services | | |
| Vocational Education Clare (high | • • | Michigan Veterans Affairs | (800) 642-4838 | |
| school Junior/Seniors) | | Agency | | |
| Michigan Works | (989) 426-8571 | Michigan Works | (989) 426-8571 | |
| Mid-Michigan Community | (989) 386-6622 | Mid-Michigan Community | (989) 426-2801 | |
| College | | Action | (0.00) -00 -00 - | |
| Northwood University | (800) 622-9000 | Unemployment Office Hotline | (866) 500-0017 | |
| <u>Libraries</u> | <u>Libraries</u> | | | |
| Beaverton | (989) 435-3981 | FINANCIAL ASSIST | ΓΑΝCΕ | |
| Gladwin | (989) 426-8221 | | | |
| School Distr | • • | Gladwin County Dept of Health | (989) 426-3300 | |
| Beaverton Rural Schools | (989) 246-3000 | & Human Services | (222) -24 -222 | |
| Clare Gladwin Regional | (989) 386-3851 | Michigan Indian Employment | (800) 591-8820 | |
| Education Service District | (, | and Training Services | (000) 426 2004 | |
| Gladwin Alternative Education, | (989) 426-1891 | Mid-Michigan Community | (989) 426-2801 | |
| C.O.O.L. Alternative School | | Action MSHDA: Step Forward | (855) 946-7432 | |
| Gladwin Community Schools | (989) 426-9255 | Unemployment Office Hotline | (866) 500-0017 | |
| Elementary School | (989) 426-7771 | · <i>'</i> | ` ' | |
| Intermediate School | (989) 426-4531 | Tax Assistance | <u> </u> | |
| Junior High School | (989) 426-3808 | H & R Block | (989) 426-7198 | |
| High School | (989) 426-7341 | Mid-Michigan | (989) 426-2801 | |
| Youth Progra | | Community Action | | |
| 4-H MSU Co-op Extension | (989) 426-7741 | • | .myfreetaxes.com | |
| Office | | Rene's Income Tax | (989) 426-0807 | |
| Boy Scouts | www.scouting.org | Schuster Tax Service | (989) 435-2100 | |
| Girl Scouts | www.girlscouts.org | Smith & Associates | (989) 435-4751 | |
| | | Weinlander Fitzhugh | (989) 426-8482 | |
| EMERGENCY & DISAS | TER SERVICES | EITNIESS DECDEAT | ION & | |
| Ambulance, Fire and Police | 911 | FITNESS, RECREAT | | |
| American Red Cross | (800) 733-2767 | <u>REHABILITA</u> | ATION | |
| Center for Disease and | (800) 232-4636 | Beaverton Bowl & Lounge | (989) 435-8384 | |
| Prevention | , | Forge Fitness | (989) 426-9975 | |
| Gladwin County Community Resources Upo | dated 2022 | . 5. 65555 | 3 | |
| The state of the s | | | <u> </u> | |

| | | Medicaid Hotline | (800) 642-3195 |
|---|----------------------------------|---|----------------------------------|
| Gladwin Community Arena- | (989) 246-4386 | Medicare/Medicaid Assistance | (800) 803-7174 |
| Hockey, ice skating, fitness | (303) 240 4300 | Program (MMAP) | (000) 003 7174 |
| center, rock climbing, volleyball | | Mid-Michigan Chiropractic | (989) 426-6121 |
| Meadow Lanes Bowling Center | (989) 426-7671 | Mid-Michigan Health Cardiac | (989) 246-9416 |
| Mi Rehab Service | • • | Rehabilitation | (909) 240-9410 |
| Rehabilitation Institute of | (877) 901-7398 (313) 745-1203 | Rehabilitation Services | (989) 246-6272 |
| | (515) 745-1205 | | (909) 240-0272 |
| Michigan | | MidMichigan Medical Offices Veteran Affairs | (944) 609 2211 |
| Parks & Recreati | | Whole Body Health | (844) 698-2311 (989) 246-1550 |
| Gladwin City Park | (989) 426-8126 | • | • |
| Gladwin Heights Golf Course | (989) 426-9941 | Clinics & Hospita | <u>ais</u> |
| Lost Haven Campground | (989) 435-7623 | McLaren Bay Region-Gladwin | (989) 426-0810 |
| River Valley RV Park | (989) 386-7844 | Family Medicine | |
| Sugar Springs Campground | (989) 426-4232 | McLaren Bay Region Hospital | (989) 894-3000 |
| Sugar Springs Golf Course | (989) 426-4391 | McLaren Central Michigan | (800) 671-1453 |
| | | Hospital | |
| FOOD, CLOTHING & HO | OLISEHOLD | McLaren Home Care | (866) 323-5974 |
| · | | Bratton Clinic | (989) 426-3689 |
| ASSISTANCE | <u>.</u> <u>-</u> | Gladwin Family Care | (989) 709-5515 |
| American Red Cross | (800) 733-2767 | Karmanos Cancer Institute | (800) 527-6266 |
| Arrea on Aging | (800) 858-1637 | Michigan HIV/STD Hotline | (800) 872-2437 |
| Cedar River Chapel | (989) 435-2651 | MidMichigan Medical Center | (989) 246-3500 |
| Food Bank Council of Michigan Pa | • | Beaverton | |
| www.fbmich.org/resources/find-a | | MyMichigan Health Gladwin | (989) 426-9286 |
| Gladwin City Housing | (989) 426-5721 | MidMichigan Urgent Care | (989) 246-9430 |
| Commission | (363) 420-3721 | Spring Street Family Practice | (989) 426-5590 |
| Gladwin County Dept of Health | (989) 426-3300 | Dental Resource | es |
| & Human Services | (303) 420 3300 | | |
| Gladwin County Council on | (989) 426-5450 | Beaverton Family Dentistry | (989) 435-7734 |
| Aging - Meals on Wheels | (303) 420 3430 | Children's Mobile Dental | (989) 921-4393 |
| Helping Hands Mission | (989) 435-9979 | Program of Great Lakes Bay | |
| Mid-Michigan Community | (989) 426-2801 | Health (Sept – June) | (202) 524 5260 |
| Action | (303) 420 2001 | Dental Lifeline Network | (303) 534-5360 |
| Sacred Heart Mission | (989) 426-4661 | Gladwin Dental Care | (989) 426-6581 |
| WIC - Pregnant & Breastfeeding | (800) 942-1636 | Life Smiles Dentistry | (989) 426-4597 |
| Women, Infants, children | (000) 542 1030 | Michigan Donated Dental | (800) 589-2632 |
| vvoinen, mants, emaren | | Services | (000) 426 6241 |
| | | Mid-Michigan Dental Associates | (989) 426-6341 |
| HEALTHCARE SER | VICES | Mobile Care Group dental care | (248) 809-6398 |
| | <u> </u> | for homebound/nursing & | |
| McLaren Home Care | (866) 323-5974 | assisted care | |
| American Cancer Society | (800) 227-2345 | <u>Hearing Resource</u> | <u>es</u> |
| Center for Disease Control and | (800) 232-4636 | Hearing Life | (989) 359-3254 |
| Prevention (CDC) | | Northeastern Michigan Hearing | (989) 359-0050 |
| Children's Special Healthcare | (800) 359-3722 | Aids | |
| Services | | Michigan Relay Center for | 7-1-1 |
| Gladwin County Health | (989) 426-9431 | Deaf/Hard of Hearing | |
| Department | | <u> </u> | |
| Gladwin County Community Resources Update | ed 2022 | | 4 |

| Medical Equipment & Lo | an Closets | NeedyMeds | (800) 503-6897 |
|--|------------------|--------------------------------|------------------|
| Adaptive Environments – Home | (800) 355-5438 | One-Drop Diabetes | (800) 437-1474 |
| lifting | (000) 555 5 150 | | ://onedrop.today |
| ALS of Michigan- Equipment | (800) 882-5764 | Partnership for | www.pparx.org |
| GiGi's Playhouse | (847) 885-6149 | Prescription Assistance | |
| Michigan Assistive Technology | (800) 828-2714 | RxAssist- Pharmaceutical | www.rxassist.org |
| Loan Fund | (000) 020 27 11 | company assistance | |
| Michigan CPAP Bank | (734) 232-3964 | programs | |
| Muscular Dystrophy Association | (800) 572-1717 | RX Outreach | (800) 769-3880 |
| National Federation of the Blind | (410) 659-9314 | US Med | (877) 840-8218 |
| One Drop Diabetes Support & | (800) 437-1474 | Retail Discount Drug F | <u>Programs</u> |
| Supplies | (000) 107 217 1 | Elder Prescription Insurance | (866) 755-6479 |
| Paralyzed Veterans of America | (800) 638-6782 | Program | (000) 700 0170 |
| United Cerebral Palsy Michigan | (800) 828-2714 | LifeSource Direct- Uninsured | (866) 340-4748 |
| Mental Health & Counseli | • | and Underinsured | (000) 3 10 17 10 |
| ivientai rieaitii & counsen | ing Services | miRx Discount Card-Individuals | (866) 755-6479 |
| Access Alliance | (800) 448-5498 | with no prescription coverage | (000) 733 0173 |
| Boys Town National Hotline | (800) 448-3000 | NeedyMeds | (800) 503-6897 |
| Community Mental Health for | (800) 317-0708 | Partnership for Prescription | www.pparx.org |
| Central Michigan | | Assitance | www.pparx.org |
| Community Mental Health Local | (989) 426-9295 | RxAssist – Pharmaceutical | www.rxassist.org |
| Common Ground Crisis Line | (800) 231-1127 | company assistance programs | 8 |
| Narcotics Anonymous 24/7 | (800) 230-4085 | RX Outreach | (800) 769-3880 |
| National Alliance on Mental | (800) 950-6264 | Substance Abus | • • |
| Illness | | | |
| National Council on Alcoholism | (800) 622-2255 | Alcoholics Anonymous | (800) 356-9996 |
| and Drug Dependence (NCADD) | | CDC Hotline | (800) 232-4636 |
| National Domestic & Sexual | (800) 799-7233 | Community Mental Health | (989) 772-5938 |
| Violence Helpline | | Narcotics Anonymous (NA) | (800) 230-4085 |
| National Human Trafficking | (888) 373-7888 | Hotline | (000) 633 3355 |
| Resource Center | | National Council on Alcoholism | (800) 622-2255 |
| Problem Gambling Help-Line | (800) 270-7117 | and Drug Dependence (NCADD) | (000) 606 6543 |
| RAINN (Rape & Incest National | (800) 656-4673 | SEMCA | (800) 686-6543 |
| Network) | | Substance Abuse Hotline | (800) 662-4357 |
| SEMCA | (800) 686-6543 | Ten Sixteen Recovery Network | (989) 426-8886 |
| Stop It Now! Hotline | (888) 773-8368 | <u>Urgent Care</u> | |
| Substance Abuse Hotline | (800) 662-4357 | MidMichigan Medical Center | (989) 246-3500 |
| Suicide Prevention | (800) 273-8255 | Beaverton | |
| PRESCRIPTION ASSIS | STANCE | MyMichigan Health Gladwin | (989) 426-9286 |
| Pharmacies | | MidMichigan Urgent Care | (989) 246-9430 |
| Beaverton Pharmacy | (989) 435-7778 | <u>Vision Provide</u> | <u>rs</u> |
| Family Fare Pharmacy - Gladwin | (989) 426-8608 | Gladwin Optometric Center | (989) 426-8272 |
| , | ` , | Gladwin Eye Care | (989) 426-4550 |
| Medicine Shoppe | (989) 426-4595 | Michigan Commission for the | (800) 292-4200 |
| Rite Aid Pharmacy | (989) 426-1170 | Blind | , , |
| <u>Prescription Assista</u> | ance . | National Eye Institute | (301) 496-5248 |
| Medicine Assistance Tool https: | //medicinceassis | , | , |
| İ ' | tancetool.com | | |
| Gladwin County Community Resources Updated | d 2022 | | 5 |

| 1100011107100101711102 | | Michigan Department of Civi | l (313) 456-3700 |
|--|----------------------------------|--|----------------------------------|
| American Red Cross MSHDA: Step Forward | (800) 733-2767 (866) 946-7432 | Rights Michigan Indian Legal Services | (231) 947-0122 |
| • | ris.custhelp.va.gov | Social Security Administratio | n (800) 772-1213 |
| Numbers | | Veterans TOLL Free Numbers | iris.custhelp.va.gov |
| Emergency Shelters & Wa | rming Centers | | |
| American Red Cross | (800) 733-2767 | DADENTING/ | DECNIANCY |
| Habitat for Humanity | (989) 426-3078 | PARENTING/F | |
| MI Coalition against | (517) 485-6536 | RESO | <u>URCES</u> |
| Homelessness- Statewide | | Child Safety Seat Inspection | (866) Seat-Check |
| Organization Mid-Michigan Community | (989) 426-2801 | Crisis Pregnancy Hotline | (800) 579-6626 |
| Action- Outreach Office | (383) 420-2801 | Great Start Collaborative of | (989) 386-8657 |
| MSHDA: Step Forward | (866) 946-7432 | Clare/Gladwin | |
| New Dawn Shelter | (989) 709-6089 | LA LECHE | (800) 525-3243 |
| Sacred Heart Mission | (989) 426-4661 | Michigan Alliance for Familie | |
| Shelterhouse | (989) 426-9413 | https://www.michiganalliano | ceforfamilies.org/maf- |
| Heating/Utility Assistar | nce & Home | offices/ Michigan Health & Human | (989) 426-3300 |
| Repairs/Weatheri | <u>zation</u> | Services | (969) 420-3300 |
| American Red Cross | (800) 733-2767 | WIC | (800) 942-1636 |
| Area on Aging | (800) 858-1637 | Women's Health Resource Li | ne (800) 994-9662 |
| Mid-Michigan Community | (989) 426-2801 | The Family Center for Childre | en (800) 359-3722 |
| Action- Outreach Office | | and Youth with Special Healt | h |
| The Heat and Warmth Fund | (800) 866-8429 | Care Needs | |
| Low Income Hou | ısing | | |
| Action Agency | (800) 443-5518 | <u>SUPPORT G</u> | <u>ROUPS</u> |
| American Red Cross | (800) 733-2767 | ALS of Michigan | (800) 882-5764 |
| Gladwin City Housing | (989) 426-5721 | Alzheimer's Association | (800) 272-3900 |
| Commission | (000) 426 2070 | and Helpline | (000) 050 4637 |
| Habitat for Humanity HUD Rental Assistance | (989) 426-3078 | Area on Aging | (800) 858-1637 (800) 328-8476 |
| Mid-Michigan Community | (800) 569-4287 (989) 426-2801 | Autism Society of MI Common Ground Crisis | (800) 231-1127 |
| Action | (383) 420-2801 | Line | (800) 231-1127 |
| MSHDA: Step Forward | (866) 400-9164 | Compassionate Friends | (877) 969-0010 |
| USDA Rural Development | (517) 324-5190 | (Parent's Grief Group) | |
| Village East Apartments | (989) 426-4566 | Disability Network of | (800) 782-4160 |
| | | MI wv | vw.dnmichigan.org/cil- |
| <u>LEGAL ASSISTA</u> | NCE | | directory |
| Center For Civil Justice | (800) 724-7441 | Epilepsy Foundation of | (800) 377-6226 |
| Council and Advocacy Law | (888) 783-8190 | Michigan | (212) 527 7000 |
| Line | | Equality Michigan Haven Crisis Line | (313) 537-7000 (877) 922-1274 |
| Disability Rights of Michigan | (517) 487-1755 | Huntington's Disease | (800) 909-0073 |
| Legal Services of Eastern | (800) 322-4512 | LGBT Hotline | (212) 714-1141 |
| Michigan Michigan Senior Legal Hotline | (866) 400-9164 | Leukemia | (800) 456-5413 |
| Gladwin County Community Resources Upda | , , | | 6 |

| Love is Respect Hotline | (866) 331-9474 | • | 800) 527-6266 |
|--|----------------------------------|-----------------------------------|---------------------------------|
| Michigan HIV AIDS | (800) 872-2437 | Veterans TOLL Free Numbers iris.c | custhelp.va.gov |
| Hotline | | | |
| Muscular Dystrophy | (800) 572-1717 | TRIBAL SERVICES | : |
| Association | | | 517) 335-3165 |
| Narcotics Anonymous | (800) 230-4085 | | 517) 335-3103 |
| 24/7 | | ` | 800) 591-8820 |
| National Alliance on | (800) 950-6264 | Training Services | 000) 551-0020 |
| Mental Illness (NAMI) | | _ | 231) 947-0122 |
| Helpline | (000) 600 0055 | | 517) 241-7748 |
| National Council on | (800) 622-2255 | <u> </u> | 202) 260-3774 |
| Alcoholism Drug | | (| 202, 200 077 |
| Dependence | (000) 700 7333 | | |
| National Domestic & Sexual Violence | (800) 799-7233 | VETERANS AFFAIR | rs. |
| | | | <u></u> |
| Helpline National Human | (888) 373-7888 | 5 5 | 800) 858-1637 |
| Trafficking Resource | (000) 3/3-/000 | | 800) 733-8387 |
| Center | | | 877) 426-2838 |
| Parkinson's | (800) 852-9781 | | 800) 642-4838 |
| Problem Gambling | (800) 270-7117 | | 989) 426-2801 |
| Help Line | (000) 270 7117 | Action- Supportive services | |
| RAINN (Rape & Incest | (800) 656-4673 | for veteran families | |
| National Network) | (333) 333 1373 | • | 800) 638-6782 |
| SEMCA | (800) 686-6543 | America | 200) 027 4000 |
| Stop It Now! Hotline | (888) 773-8368 | | 800) 827-1000 |
| Substance Abuse | (800) 662-4357 | | 989) 426-4891 |
| Hotline | , , | | 800) 273-8255 |
| Suicide Prevention | (800) 273-8255 | | usthelp.va.gov 800) 882-1316 |
| United Cerebral Palsy | (800) 828-2714 | vietnam veterans of America (| 000) 002-1310 |
| of MI | | VOLUNTEED OPPORTU | NUTIFC |
| WIC | (800) 942-1636 | VOLUNTEER OPPORTU | |
| Women's Health | (800) 994-9662 | | 800) 733-2767 |
| Resource Line | | | 800) 858-1637 |
| | | | fbmich.org/res |
| | | Michigan ource | es/find-a-food- |
| <u>TRANSPORTA</u> | <u>TION</u> | MidMichigan Cananasia | bank |
| American Cancer Society | (000) 227 2245 | , | 989) 426-2801 |
| American Cancer Society | (800) 227-2345 | Action | 080) 436 0335 |
| Road to Recovery | (200) 250 1627 | United Way (| 989) 426-9225 |
| Area on Aging Auto Safety Hotline | (800) 858-1637 (888) 327-4236 | | |
| Child Safety Seat Inspection | (866) Seat-Check | | |
| Gladwin City-County Transit | (989) 426-6514 | | |
| Gladwin City-County Hallsit | (303) 420-0314 | | |

IS IT AN EMERGENCY?

| Clinic Name: | Office Phone: |
|----------------------------|---------------|
| AFTER HOURS Phone Number: | |
| Our Preferred Urgent Care: | |

Non-Urgent:

You should make an appointment with your <u>Primary Care</u> Physician

- Cold/Flu Symptoms
- Earaches
- Mild Backaches
- Mild Sprains
- Rashes
- Sore Throat/Cough
- Toothaches

TeleHealth

(Virtual Visits) Primary Care via Telehealth

- Allergies
- Bronchitis
- Colds and Flus
- COVID Symptoms
- Earache
- Headache
- Hives
- Insect Bites
- Pink Eve
- Rashes
- Sinusitis

Semi-Urgent:

Needs Medical Care and can wait a few hours.
You should contact your Primary Care
Physician and/or go to

Physician and/or go to Urgent Care Facility for treatment

- Accidents and Falls
- Moderate Sprains
- Moderate Backaches
- Mild Breathing Difficulty (i.e. Asthma)
- Minor Cuts with Controlled Bleeding
- Eve
- Irritation/Redness
- Cold/Flu Symptoms WITH fever
- Vomiting/Diarrhea with Dehydration
- Severe Sore Throat or Cough
- Minor Broken Bones or Fractures (fingers/toes)
- Skin Rashes and Infections
- Urinary Tract Infections
- · Minor Injuries
- Minor Burns

Urgent:

You should go to your nearest Hospital Emergency Department

- Severe Chest Pain or Difficulty Breathing
- Compound Fracture
 (bone protrudes
 through skin)
- Convulsions/Seizures
- · Loss of Consciousness
- Fever in Newborn (less than 3 months old)
- Heavy, Uncontrollable Bleeding
- Deep Knife or Gunshot Wounds
- Moderate to Severe
 Rurns
- Poisoning
- Serious Head/Neck or Back Injury
- Pregnancy-Related Problems
- Severe Abdominal Pain
- Signs of Heart Attack (chest pain lasting longer than 2 minutes)
- Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion)
- Suicidal or Homicidal Thoughts/Feelings
- Vomiting up Blood

If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.